Your Monthly Guide to Mastering UPSC and Beyond! UPSC Insight

Unveiling Potential, Shaping Careers

An initiative by Divine Mercy Study Centre • Vol 1 • No 1 • December, 2023 • For private circulation



Wise men continue their pursuit of the eternal truth

Happy Christmas and Peaceful New Year

કોલ્બેહોમ પાટણ

ભારતીય જેલસેવા આયોગ (Prison Ministry of India)

ના નેજા હેઠળ, ગાંધીનગર મહાધર્મપ્રાંત અને નિષ્કલંક માતા મારિયાના સલેશિયન સાધ્વીસંઘ (SMMI) ના સંયુક્ત ઉપક્રમે કેદીઓની બાળાઓના સર્વાંગી વિકાસ માટે 'કોલ્બે હોમ-પાટણ' છેલ્લા એક વર્ષથી સેવારત છે.

આ બાળાઓ ક્રોણ છે?

- ➢ કેદીઓની બાળાઓ, લગ્નભંગ થયેલાં દંપતીની બાળાઓ, એકલ મા કે બાપની બાળાઓ, નિરાધાર બાળાઓ.
- આવી બાળાઓને 'કોલ્બે હોમ પાટણ'માં રહેવા-જમવા-ભણવાની નિઃશુલ્ક સુવિધા પૂરી પાડવામાં આવે છે.

ભારતીય જેલસેવા આચોગ (PMI) ના મૂળભૂત ઉદ્દેશઃ

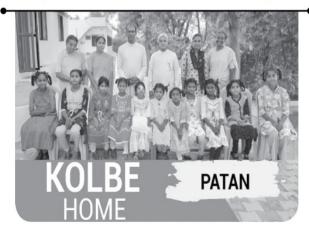
- ૧. પ્રાર્થના એ શક્તિશાળી ઊર્જાઘર છે.
- ર. અગવડ માત્ર અમારી સગવડ છે.
- 3. પ્રભુ કૃપા એ જ અમારું બેંક બેલેન્સ છે.
- ૪. દાન માંગવું એ અમારો ધર્મ છે.

શું આપ આ સેવાયજ્ઞમાં સહયોગી બનવા તત્પર છો? કેવી રીતે?

- આ સંદેશનો પ્રચાર-પ્રસાર કરીએ, જરૂરિયાતમંદ બાળકોને મદદરૂપ બનીએ.
- કેદીઓ અને તેમનાં કુટુંબીજનો માટે અવિરત પ્રાર્થના કરીએ.
- ➣ કોઈએક બાળાને દત્તક તરીકે સ્વીકારી, તેના નિભાવ માટે આર્થિક સહયોગ આપીએ.



સંત મેક્સિમિલયન કોલ્બે



'કોલ્બે હોમ-પાટણ' આપના સહયોગની અત્યંત અપેક્ષા સેવે છેઃ

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An initiative by Divine Mercy Study Centre Inside the Issue **UPSC Insight Unveiling Potential**, Message from the Archbishop iv **Shaping Careers** Opening New Vistas 1 Volume 1, No 1 Divine Mercy Study Centre: An Insight December, 2023 -Fr. Dominic Savio Editorial 2 MANAGING EDITOR A Valuable Companion Fr. Dominic Savio -Navin Macwan **EDITORIAL TEAM** Test Your GK Kirit Mahida General Knowledge Introductory Quiz Victor Macwan -Victor Macwan Luish Aind Rosily Macwan Beyond the Headlines 4 Chandravadan Macwan GLOF: Causes, Risks, and Mitigation Babubhai Parmar -Victor Macwan Dimple K Chauhan Inspiration Insights 8 Sunil Thomas Kattayath Romesh Niven Destined for brilliance: The UPSC aspirant's chronicle of triumph **EDITOR** -Rosily Victor Navin Macwan **Vox Discipulus** (macwan4@gmail.com) -Jayraj Vasava **OFFICE** -Dhwani Divine Mercy Study Centre, -Ashish Bhai Babubhai Amaliyar Dungaripura,

Submission Guidelines for Contributors

We welcome original articles that have not been published elsewhere. Kindly adhere to the following guidelines for submission:

1. Article Requirements:

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- Original content not published elsewhere.
- Include author's name, email address, and contact number for correspondence.
- One-line author introduction with current designation and affiliation.
- Photographs (optional) under the article title. Plagiarism will result in a ban from the magazine.

2. Submission Format:

- Articles must be in MS Office Word file (Windows 7 onwards).
- Figures, graphs, and tables are encouraged but avoid unnecessary repetition.
- Authors are responsible for avoiding copy-

right infringement.

UPSC Exam Calendar, 2024 14

3. Revision and Consent:

Position Open

Motivational Musing

Job announcement

A Thief of Time

-Jayraj Vasava

- Articles may be revised for presentation, clarity, and conciseness.
- The revised article will be sent to the author for consent before publication.
- 4. Send Articles to the Editor:

macwan4@gmail.com

Note: All submissions must comply with the abovesaid guidelines. Authors wishing to include their email address as the author note should indicate this preference. All articles will be reviewed and edited for content and clarity.

Style Sheet for UPSC Insight

Manuscripts:

- Submit the article in MS Office Word format
- Use a standard, plain font (e.g., 12-point Times Roman) for text.
- Employ italics for emphasis.
- Use italics for non-English words
- Do not write Ttle like Rev., Ho'ble, Mr., Ms., Shri, Dr., etc.before the name of persons Example: Instead of "Hon'ble Mrs. Indira Gandhi" use Indira Gandhi
- Use tab stops or other commands for indents, not the space bar.
- Utilize the table function for tables, not spreadsheets.
- For equations, use the equation editor or MathType.
- Save files in docx format (Word 2007 or higher) or doc format (older Word versions).

Headings:

- Limit headings to maximum 12 words (16 pt Bold type).
- Sub-headings can be one to three lines.

Abstract:

 Provide a concise summary of the article in maximum 100 words.

Abbreviations:

- Define abbreviations at first mention and maintain consistent use, e.g. Indian Council of Agricultural Research (ICAR). Subsequently you can use ICAR
- Use abbriviation for units of Length, weight etc

Example: m for Meter, km for Kilometer, cm for Centimeter, mm for Millimeter, kg for Kilogram, g for Gram, mg for Milligram, ha for hectare, s for Second min for Minute and h for Hour, °C for Celsius, °F for Fahrenheit, etc.

Footnotes:

- Include additional information, referencing items from the list.
- Number footnotes consecutively; use footnotes instead of endnotes.

In-Text Citation

- Single Author:
 - Sardar Patel was never against Nehru despite the differences (Gandhi, 1995).

2. Two Authors:

 This result was later contradicted by Becker and Seligman (1996).

Multiple Authors:

- This effect has been widely studied (Abbott, 1991; Barakat et al., 1995; Kelso & Smith, 1998; Medvec et al., 1999).
- 3. With Page Numbers:
 - According to Mitra's study, dreams may express "profound aspects of personality" (Mitra, 1884: 72).

References at the End of the

Article

Books:

- Author, A. A. (Year of publication). Title of Work: Capital Letter Also for Subtitle. Publisher.
- Example: Gandhi, R. (1995). Patel A Life.
 Random House.

Journal Articles:

Author, A. A. (Year of publication). Title of article. Title of Journal, volume number(issue number), page range.

Example: Thompson, L. (1990). Negotiation research spans many disciplines. Journal of Social Issues, 46(1), 45-55.

Report:

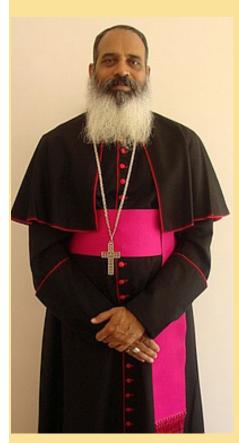
Author(s). (Year). Title of the Report (Report No. xxx). Publisher. URL

Example:

Smith, J. A., & Johnson, M. B. (Year).
 Economic Trends in the Digital Age (Report No. 123). Economic Research Institute. https://www.example.com/report123

Note: For automated citation management, consider using tools like Zotero, EndNote, etc., following the American Psychological Association (APA) style.

Message from the Archbishop



Archbishop Thomas Macwan of Gandhinagar, Gujarat

ARCHDIOCESE OF GANDHINAGAR

DharmacharyaNivas, Shantivan, Pethapur, Gandhinagar – 382 610, Gujarat State (India)
Tel. 079-23227541.c/o 9327004957 email: thomas_macwan@yahoo.co.in
20th December, 2023

To Rev. Fr. Dominic Sabio Director Divine Mercy Study Centre Dungaripura Patan-Unjha Road Patan - 384 265

Dear Fr. Dominic Savio,

I wish you a very happy Christmas and a fruitful 2024. May the blessings of God shower upon Divine Mercy Study Centre (DMSC) and all those who are involved in the running of this institute.

I congratulate you and all your collaborators for rendering yeoman service to the youth at this important centre of the Archdiocese of Gandhinagar. You are shaping young minds to serve the poor, ostracized, and those who belong to the oppressed communities by preparing the college youth to appear for first class government officers competitive exams who, in the course of time would stand for the poor and support them through their important positions. A noble initiative! Be assured of our prayers and support.

I thank the youth who are utilizing the centre for their growth. In spite of the place being isolated and a bit away from noisy sections of the town, they have taken a stand to be there and benefit from the services rendered at DMSC. My good wishes and prayers for them that they may get the fruits of their hard labour.

The starting of the Kolbe Home next door, in the SMMI Sisters campus, for the children of prisoners adds meaning to the DMSC. Thus, in collaboration with your community and the SMMI Sister's community, efforts are being made to "proclaim good news to the poor; liberty to the prisoners and to those who are oppressed." (ref. Lk 4:18). Let us thank God for the gift of these two institutions. It is His doing! We appreciate the hard work of the sisters who are serving the poorest of the poor. May God bless our Kolbe Home.

We appreciate your initiative to begin an e-magazine to circulate the activities of the work being done at DMSC for the benefit of others. I wish you and your team all the best so that this e-magazine may attract youth to the centre and make use of our services in their growth.

Yours devotedly in Christ

+ Thomas Macwan Archbishop of Gandhinagar

Opening New Vistas



Fr. Dominic Savio

This Christmas 2023 is a memorable and historical year for DMSC. We are reaching yet another milestone.

- 1. Upgrading ourselves from GPSC level to UPSC level training center.
- 2. We are launching a Maga zine, "UPSC INSIGHT"
- 3.The launch of website for DMSC.

The very fact that you have this information is a clear sign that you have access to the magazine or website. At this juncture I thank God almighty for his choicest blessings. Archbishop Thomas Macwan, Archbishop of Gandhinagar, for his constant accompaniment and concern for the Church in Gujarat. I also thank all the members of the Editorial team headed by Mr Navin Macwan. We also thank him for giving this insightful name "UPSC INSIGHT" to the newsletter. I also thank executive committee of DMSC and all the donors, well-wishers, students and parents of DMSC.

Historically, Patan was the capital of Gujarat. Now, Patan is a district headquarter and the seat of North Gujarat University. The more recent history of Patan mission began in the year 1984, when Rt Rev. Charles Gomes, then Bish-

Divine Mercy Study Centre: An Insight

Embracing the Evolving Landscape of Knowledge

op of Ahmedabad diocese bought the present seven-acre non-agricultural land with the view to extend the work of evangelization at Patan. The mission was under the attentive care of the Jesuits. The Jesuits oversaw the boys' boarding, while the sisters of the Daughters



of the Cross congregation managed the girls' boarding. Unfortunately, both boardings had to be closed due to unavoidable circumstances. However, this transition has proven to be beneficial for the Church's greater good. The former hostel for school-going students has been discontinued, and the old hostel building has been repurposed for a significant mission aimed at fortifying the nation's future. In the year 2010 the mission was entrusted to the care of Gandhinagar Archdiocesan clergy.

Divine Mercy Study Centre : A Venture

Divine Mercy Study Centre (DMSC) is a new venture to help

poor students from Gujarat to fulfil their dream of getting a government job (class 1 and 2) in GPSC/ UPSC. We attempt to provide our students with food, accommodation, study materials and Tutorial-classes till they get job under various GPSC/UPSC categories. The approximate expense on one student for food, accommodation, classes and materials is Rs. 1.3 Lakh per year. The beneficiary students, who obtain a government job make a promise that they would help another aspiring student for the same purpose so that the chain continues. 20 students have already enrolled with DMSC at Catholic Church Patan.

Vision

Empowering diligent, economically challenged students on a transformative journey to secure government jobs. We stand as steadfast companions, nurturing their dreams until they triumphantly achieve their goals.

Mission

Our mission: To provide unwavering support to diligent, financially challenged students with essentials—food, accommodation, and quality coaching—until they secure a government job, ensuring a brighter future through education and empowerment.

I pray that the Lord may accompany us all in this noble cause and we may collectively transform the community.



Navin Macwan

A Valuable Companion

PSC Insight is being launched to coincide with the historic birth anniversary of Jesus Christ in 2023, a time when the world struggles to find the leadership with enduring values, while

hoping for permanent peace. Just as Christ exemplified insightful leadership, UPSC Insight aspires to guide and inspire future leaders on their journey through the Civil Services Examination.

Jesus was a transformative leader. He shared modest recipe for liberation, love and mercy. His teachings resonated with the marginalized and victims of injustice, who often found themselves at the mercy of corrupt Roman officials and Judea's influential religious leaders. In advocating for compassion and standing against oppression, Jesus provided a timeless blueprint for empowering those who faced adversity, offering them hope, dignity, and a pathway to justice in the face of systemic injustice.

UPSC Insight envisions that aspirants affiliated with the Divine Mercy Study Centre (DMSC) will channel their energies towards advocating for the poor, oppressed, and victims of injustice as they assume crucial roles within the government and other influential organizations. It is our ardent hope that these future civil servants will take their positions to bring about positive change, championing the cause of those in need and standing up against injustice.

The journey of Jesus was not a bed of flowers, he had to put on a crown of thorns and ultimately died on the Cross. Just as Jesus embarked on his arduous journey with a mission, he undertook this path to uplift the lives of his people. Similarly, the journey for aspirants of UPSC is rigorous, demanding, and requires discipline.

The training at the DMSC for UPSC is not merely a means to secure a position in government or influential organizations; it is a transformative experience that equips aspirants with the tools to effect positive change in society.

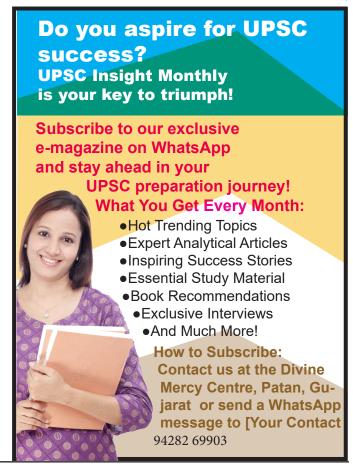
UPSC Insight Monthly is extension of class-room teaching. It will contribute significantly to realizing the dreams of the aspirants. Each month, we will strive to deliver a cover story addressing hot trending topics, accompanied by analytical articles from experts covering social, economic, and political developments.

In our commitment to comprehensive

preparation, we emphasize the importance of extensive reading. Our monthly publication will include book reviews, guiding aspirants on what books to read and why. The magazine aims to showcase insights from experts, educators, and achievers, featuring interviews that delve into individuals' experiences in successfully passing the exams. Of course, there will be sections dedicated to General Knowledge, English grammar and composition, along with study materials tailored for the preparation of their chosen subjects. UPSC Insight Monthly will prove that is not just a magazine, but a valuable companion on your journey toward success in the Civil Services Examination.

In the spirit of Christmas and the universal message of peace, UPSC Insight extends its best wishes to all aspirants. May your journey be filled with purpose, resilience, and the unwavering determination to make a positive impact on the Indian systems. Together, let us build a future where leadership is synonymous with wisdom, compassion, and a steadfast commitment to a better tomorrow.

Merry Christmas and best of luck on your path to service and leadership.





General Knowledge Introductory Quiz

Victor	Macwam
VICTOI	IVIac waiii

- Q1. Who is the new president of Argentina that recently announced economic measures like 50% devaluation of the Argentina Peso?
 - A Javier Milei
 - B Sergio Masa
 - C Juan Schiaretti
 - D Patricia Bullrich
- Q2. SPECS scheme is administered by which Ministry of government of India?
 - A Ministry of Science and technology
 - B Ministry of Agriculture
 - C Ministry of electronics and IT
 - D Ministry of Commerce
- Q3. The Anand Marriage Act has been implemented in J & K. The act gives statutory recognition to -
 - A Intercast marriage
 - B Interfaith marriage
 - C Sikh marriage and wedding rituals
 - D Hindu marriage and rituals
- Q4. Which institution launched a comprehensive programme to combat air pollution crisis in India?
 - A UNEP
 - B UNFCCC
 - C World Bank
 - D WEF
- Q5. Article 370 of the constitution is associated with?
 - A Special status to J & K
 - B Special status to Andhra Pradesh
 - C Goods and services tax
 - D Economically weaker sections res ervations

- Q6. Vishnu Dev Sai is the new CM of which state?
 - A Madhya Pradesh
 - B Rajasthan
 - C Chhattisgarh
 - D Mizoram
- Q7. VINBAX 23 is a military exercise between the armies of India and which other country?
 - A Malaysia
 - B Vietnam
 - C Sri Lanka
 - D Iran
- Q8. International day of neutrality is observed annually on which date?
 - A December 12
 - B December 21
 - C December 10
 - D January 24
- Q9. Which country hosted global partnership on artificial intelligence?
 - A Japan
 - B India
 - C France
 - D China
- Q10. Vijay Diwas is celebrated on December 16th every year, which commemorates the victory of Indian Armed Forces over Pakistan during the 1971 war. Who signed the instrument of surrender from Pakistan side on this day?
 - A General Yahya Khan
 - B General Ayub Khan
 - C General Tikka Khan
 - D General Amir Abdullah Khan Niazi
- Q11. India celebrated its 50 years of diplomatic ties with which country in December 2023?
 - A Ukraine
 - B Thailand
 - C Singapore

See more on page 9





Victor Macwan

What is GLOF?

Glacial Lake Outburst Flood (GLOF) is a type of flood occurring when water dammed by a glacier or a moraine is released. When glaciers melt, they sometimes form lakes on mountaintops. The water in these glacial lakes accumulates behind loose naturally formed dams made of ice, sand, pebbles and ice residue. Glacial lakes are inherently unstable and disturbances such as avalanches, falling boulders, earthquakes, or even simply the accumulation of too much water can breach the dam, unleashing sudden, potentially disastrous floods in nearby communities. A catastrophic failure of the containing ice or glacial sediment can release this water over period of minutes to days.

Global Scenario

Globally, 15 million people (150 lakhs) people are exposed to impacts of GLOF risk and more than half of these people reside in four countries: India, Pakistan, Peru and China. The Himalayan Mountainous Region has the highest potential to experience the impacts of GLOF, and it is also the region where people live closest

GLOF: Causes, Risks and Mitigation

Understanding the Dynamics: Triggers and Mechanisms of GLOFs.

to glacial lakes. At a national scale, Bhutan and Nepal have been found to have the greatest economic losses associated with the glacier flood. As per the recent study carried out by Jonathan L Carrivick, Fiona S. glacial floods have killed over 12445 persons worldwide of which 6300 in Central Asia, 5745 in South America, 393 in European Alps and Iceland.

GLOF in India

The Indian Himalayan region with the geographical coverage of over 5.3.lakh km, extends over 2500 km. in length between the Indus and the Brahmputra river systems. The Indian Himalayan region extends from the foothills in the south (Siwaliks) to Tibetan plateau in the north (Trans Himalayan). The Himalayan states

include –J&K, Ladakh, Himachal Pradesh, Uttarakhand, Sikkim, Arunachal Pradesh, Nagaland, Manipur, Mizoram, Tripura, Meghalaya, and partial hill states of Assam and West Bengal. The Climate Change has made impacts on the Himalayan region. Scientific studies have shown that due to glacier retreats occurring in

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GLOF Flood in Punakha, Bhutan

the Hindu kush Himalayas region has given rise to the formation of numerous glacial lakes. The Geological Survey of India (GSI) lists 9575 glaciers in the Himalayan region, of which 267 are over 10 sq km These glacial lakes are present in the J&K, Ladakh, Uttarakhand, Sikkim, and Arunachal Pradesh. Sikkim, Himalayas many glacial lakes are in the process of formation. There is a high risk of these lakes bursting due to weak moraine structures, potentially causing downstream devastation. South Lhonak lake in northwestern Sikkim is particularly concerning, with abnormal growth observed through satellite data, raising the risk of a GLOF event.

GLOF in Sikkim

A study was carried out by Sikkim State Disaster Management Authority in 2014. Sikkim has 35 Glacial lake / waterbodies which are having area greater than 10 ha and 11 Glacial lakes/waterbodies having an area greater than 44 ha. These 11 Glacial lakes/waterbodies are monitored by Central Water Commission (CWC). South Lhonak lake (160 ha) is located at North western part of Sikkim at an altitude of 5245 m.The situation was first observed in February, 2013 by scientists from National Remote Sensing Centre, Hyderabad that the lake has grew from 17.54 ha in 1977 to 98.73 ha in 2008 and is highly vulnerable for GLOF events which may cause damage to life and property in the downstream areas. The vulnerable infrastructure includes dams like Teesta III Chungthang dam, Teesta V NHPC Dikchu dam, TeestaVI NHPC Singtam dam, Teesta low dam III NHPC Rimbik,

power houses and townships like Chungthang, Dikchu, Singtam, Rangpo. The first study was carried out in 2014 and the team consisted of Snow and Avalnche study Establishment(SASE), Department of Science & Technology and Climate Change, Govt. of Sikkim and other stakeholder departments.

The second expedition was carried out to South Lhonak lake in September, 2016. As a part of mitigation, engineering intervention was not feasible due to threat of dead ice melting however, sensors were installed to monitor water level. Thus, 8 inch diameter heavy duty HDPE pipes were installed for siphoning of the water from the lake and 150 liters per second of siphoning was achieved.

The way forward included a project on reducing GLOF at South Lhonak lake and Shako Cho focusing on integrated early warning system, hazard modelling of South Lhonak lake and Sakho cho lakes and capacity building of local community and all stakeholders.

Α 2021 study paper, "Future Glacial Lake Outburst Flood(GLOF) hazard of the South Lhonak lake, Sikkim Himalaya" (Ashim Sattar et al.) concluded "Mapping infrastructure that, exposed to GLOFs in the Teesta valley shows that many settlement and assets located along the river channel at Chungthang are potentially exposed to future GLOFs, indicating the need to conduct a full mitigation measures." The studies highlight that the length of the glacier that is feeding the lake over the last 29 years has been reduced from 6.4 km to 5.1km, while the overall glacier

shrank by 0.96 sq km.

The government was in the process of installing the early warning system at the South Lhonak lake when it broke its bank on October 4, 2023. The early warning systems at Lhonak lake and another at Shako Cho in Sikkim were to be amongst the first in India for glacial lake outburst floods.

NDMA press release

As per the press release issued by the National Disaster Management Authority (NDMA), GOI on October 4, 2023, there was a sudden surge in water flow in the Teesta River, which washed away several bridges, parts of NH-10, the Chungthang Dam and has impacted several small villages, towns and infrastructure projects in the upper reaches of the river valley in the early hours of October4, 2023. The main districts affected are Mangan, Gangtok, Pakyong and Namchi. The primary reason for the sudden surge appears to be a likely combination of excess rainfall and a GLOF event at South Lhonak lake in North Sikkim. The lake is at a height of 5200 m, with a towering ice capped feature at about 6800 m to the north of and in a close proximity to the lake. Satellite images received from National Remote Sensing Centre, reveal the draining out more than half the lake. Recently, in order to mitigate the impact of a GLOF event in these lakes, an NDMA led expedition in the first week of September, 2023 had surveyed two at risk lakes in order to eventually deploy early warning systems for real time alerts.

At the next stage, NDMA has planned to install early warning



systems for real time alerts at most of 56 risk glacial lakes in India. The mitigation programme are being expedited and the predictive ability will also be intensified in collaboration with relevant agencies.

Details of the damage Roads & Bridges

Chungthang is about 90 km north of Gangtok. As per the Defence ministry, two bridges were damaged in Dikchu and Toong connecting Singtam (30 km from Gangtok) to Chungthang in North Sikkim. Indreni bridge in Singtam town. Similarly, a connecting bridge of Balutar hamlet was also swept away. The flood has destroyed 11 bridges in the state with eight bridges in Mangan district alone. The flooded Teesta River has washed away parts of NH-10 that connects the state to the rest of the country.

Persons missing / injured

Seven individuals were also reported missing in Majitar. Two labourers were swept away in Mamring. Four fatalities were also received in Golitar and Singtam. 17 persons with minor injuries were receiving treatment at Singtam district hospital. One individual was missing from the NHPC Teesta site REA. There was Severe damage to the sewerage treatment plant in Melli, Namchi district as per the government's report. In Mangan district, Chungthang was cut off due to the collapse of Toong bridge. Phidang bridge, both old and new collapsed. Four pucca houses were washed away. Two houses at Dikchu were washed away. Houses along the

river line were in danger and two labourers were reported missing at Sangkhalang. In Gangtok district, four injured were taken to Singtam hospital. 25 persons were rescued by SDRF and more rescue was underway. In Namchi district, LD Kazi bridge was washed away. Indreni bridge was washed away. A relief camp was set up at Namphing Sai mandir. 500 people were kept in the relief camps, and a permanent relief camp was set up at Pranami mandir. In Pakyong district, Pakyong in East Sikkim, in the foothills of the Himalayas reported the seven deaths and as many as 59 persons were missing in the district including 23 army Sikkim has Thus, personnel. lost a total of 179 people in the Himalayan glacial lake outburst.

As the Teesta River flows from Sikkim to West Bengal, sludge has entered homes near the state border. In the Teesta Bazar area in Kalimpong district, West Bengal, the river has deposited sludge in homes, damaged trees, and caused the destruction of many homes situated closer to its banks.

Hydropower projects: Teesta V

i) Due to the flash floods in the Teesta basin, all the bridges downstream to Teesta V hydropower station up to Tarkhola and Pamphok were submerged or washed away. The floodwater overtopped the dam of Teesta V power station (510 MW). All connecting roads to the project sites as well as parts of the residential colony were severely damaged. The NHPC is taking all the

possible measures to get the hydropower projects operational at the earliest. The Power Ministry is continuously monitoring the situation arising out of the flash floods in Teesta basin in Sikkim.

NHPC had timely evacuated the manpower on all its projects and ensured that they are shifted to safer places. However, casualty is reported from Teesta V power station. No major damages have been reported or observed in TLDP-III (160MW)-(Teesta Low Dam III Hydropower plant) and TLDP-IV (132)MW) power stations located in the downstream West Bengal state. Both the power stations are safe but kept in shut down condition due to heavy siltation brought along with the flood water.

ii) Teesta-III Dam the GLOF has washed away the 1200 MW Teesta-III and caused severe damage to NHPC projects downstream, including the 510 MW Teesta -V and under construction 500 MW Teesta –VI downstream.

Teesta-IV dam is proposed between Teesta III and Teesta –V dam and work is yet to commence as it does not have Environmental clearances.

Teesta-VI earlier owned by LANCO and now transferred to NHPC is under downstream of Teesta-V project. It is under construction portion of the dam is filled with debris and apparently damaged.

What triggered the GLOF?

Satellite images from the NRSC, ISRO suggest around 105 hectares (approx. 1 sq km) of the glacier-fed lake had drained out. This was on comparing the images taken on September, 28 when the lake spanned 167 ha and on October, 4 the night of the disaster, when it shrunk to 62 ha. On September, 17 it was 162 ha. As satellite images does not show the depth of the lake it is difficult to reveal the depth of the lake, calculating the volume of water in the lake is difficult as per the Director, Wadia Institute of Himalayan Geology. However, the water monitoring apparatus maintained by CWC reports that the water surged nearly 60 feet above the maximum levels at Sangkalang at 1.30 pm and rushed at 55 kmph. Thus, this gave very little time for people downstream to react.

Aftermath of the Deluge

- i)Border Roads Organization(BRO) has restored vital road connectivity between Lachen & Munsithang.
- ii) 26 relief camps have set up for in the aftermath of the Sikkim flash floods. Troops of Trishakti Corps have extended medical aid and telephone connectivity to 250 stranded civilians and tourists and children in the areas of Chungthang, Lachung and Lachen in North Sikkim. A total of 1,025 people are taking shelter in the eight relief

- camps in Gangtok district. Over 2011 people have been rescued over 22000 people affected.
- iii) The Centre is readying to launch a Rs.150 Cr. National Glacial Lake Outburst Floods Risk Mitigation Programme (NGRMP) which will be implemented in four Himalayan states and UT of J&K and Ladakh.
- iv) NDMA in collaboration with Swiss agency for Development and operation had released guideline on the management of GLOFs. guidelines The had recommended formulations of a Task Committee to draft specific regulations that need to be developed concerning the increased risk of future GLOF events. also recommended single legislation to control the building activity which could be formed taking into consideration the present legislative framework, incorporating the suggestions.
- v) The National Green
 Tribunal (NGT) has issued
 notices to key stakeholders,
 the Sikkim Government,
 Sikkim Urja Limited and
 National Hydroelectric
 Power Corporation
 (NHPC) which previously
 downplayed the risk of
 GLOF threats.

Way Ahead

Multihazard Early Warning System needs to be installed for avoiding the disasters from GLOFs, landslides across the country in the Himalayan region and other places.

Safety measures along with rigorous geological survey and its assessments needs to be enhanced for ongoing and future hydropower projects in view of the Climate Change.

Building technical expertise in addressing GLOFs and international collaboration to deal with such events.

To conduct environmental impact studies for hydropower projects in ecologically sensitive and fragile areas like the Himalayas.

Regular monitoring and review of the ongoing projects while ensuring lessons from the past incidents.

Construction of Multihazard Relief Centres in the Himalayan regions along with implementation of Reconstruction & Rehabilitation (R&R) policy to deal with the citizens during the disasters.

Capacity building of the Local people including NGOs, CBOs, youth organizations, youth volunteers, *Aapda Mitras*, NCC, Scouts to deal with the multihazards.

To take steps to deal with Post Traumatic Stress Disorders (PTSD) of the affected families and individual persons.

The author is a retired IAS officer from Gujarat



Inspiration Insights



Rosily Victor

In the grand tapestry of aspirations, few endeavors demand as much dedication, intellect, and perseverance as the journey towards the UPSC examinations. As UPSC aspirants, you stand at the crossroads of challenges and opportunities, equipped with the power to shape not only your destiny but also the destiny of a nation.

The path you've chosen is no ordinary one; it is a crucible of transformation where dreams are forged into the pillars of leadership. In the vast syllabus and the intricate maze of examinations, you encounter not just questions on paper but tests of character, resilience, and intellectual prowess.

The significance of this journey extends far beyond the boundaries of textbooks and examination halls. It is a quest to understand the intricacies of governance, history, society, and economics—a quest to become the stewards of change, the architects of progress.

In the solitude of your study chambers, where the pages of books whisper the stories of nations, remember that you are not merely preparing for an exam; you are preparing to become the custodian of the nation's future. The weight of responsibility may seem daunting, but it is this weight that forges

A Crucible of Transformation

Destined for brilliance: The UPSC aspirant's chronicle of triumph

leaders capable of navigating the complexities of governance with sagacity and vision.

Embrace the challenges that come your way, for they are not obstacles but stepping stones towards greatness. Each hour spent in diligent study, each hurdle overcome, is a testament to your commitment to excellence. In the face of self-doubt, remember that you possess the intellectual fortitude to conquer any challenge that arises.

Seek inspiration not only from your textbooks but also

Toppers are not born; they are made through a relentless pursuit of knowledge and an unyielding spirit that refuses to accept defeat.

from the stories of those who have walked this path before you. Toppers are not born; they are made through a relentless pursuit of knowledge and an unyielding spirit that refuses to accept defeat.

Your mentors and teachers are not just educators; they are guides on this odyssey, ready to steer you through the turbulent seas of examinations. Do not hesitate to reach out, to learn, and to absorb the wisdom that comes from those who have trodden this path with success.

Time is both your ally and your adversary. Harness it wisely,

for in the meticulous planning of your days lies the key to success. The UPSC journey is a marathon, not a sprint. Celebrate the small victories, learn from the defeats, and let each passing day be a step closer to your aspirations

Distractions will knock on your door, and doubts may cast shadows on your path. But remember, the fire within you is brighter than any external darkness. Keep your focus unwavering, for the ability to concentrate amidst chaos is the hallmark of a true leader.

As you prepare for the UPSC examinations, envision the day when you hold that acceptance letter—a symbol of your triumph over challenges and your readiness to serve the nation. Your journey is not just an academic pursuit; it is a profound transformation—a metamorphosis into a leader, a changemaker, and a guardian of the nation's destiny.

In the crucible of this UPSC journey, you are not just students; you are the architects of the future. Embrace the journey, conquer the challenges, and let your aspirations propel you towards the zenith of success. The nation awaits its future leaders, and you, dear UPSC aspirant, are destined for greatness.

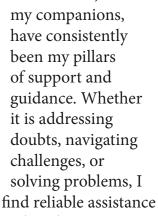
The author is a dedicated educator and lifelong learner, also holding certifications as an NLP Practitioner and Life Coach. Recognized for her excellence, she has received the "Top Performing Mentor" award from SWAYAM NPTEL twice.

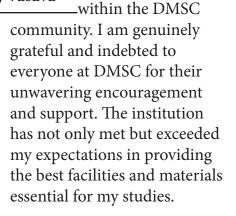
DMSC is an ideal place for me to absorb knowledge : Jayraj Vasava

I am Jayraj Vasava, from the scenic Narmada district. I hold a Bachelor of Arts degree in English Literature from Nagpur University, and

my interests include a deep passion for reading, music, and sports. Currently, I am diligently preparing for the GPSC exam at DMSC, Patan. Being part of DMSC feels like a privilege, given its tranquil and pleasant atmosphere. It serves

as the ideal place for me to absorb knowledge, thanks to the expertise of the faculty, fathers, sisters, and my fellow companions. DMSC goes above and beyond in addressing our basic needs, ensuring comfortable accommodation, nourishing food, and recreational facilities, allowing us to focus wholeheartedly on our studies. The DMSC staff, including Fr. Dominic, Fr. Ajay, the Kolbe Home sisters, teachers, domestic staff, and







My name is Dhwani, hailing from Vyara (Tapi), and I wish to share my experiences and sentiments regarding my time at DMSC, Patan. Having completed my Bachelor's degree in Science from St. Xavier's College, Ahmedabad, I embarked on the journey of preparing for a government job at DMSC. The decision to choose DMSC has proven to be instrumental in shaping my academic and personal growth. My strengths, including being hardworking, self-motivated, and a multi-tasker, have found a conducive environment at DMSC. The academy has become a second family to me, resonating with the warmth and care akin to that of my parents. Under the leadership



Jayraj Vasava

Continued from page 2

- D Republic of Korea
- Q12. Banni grasslands is located in which state / UT?
 - A MP
 - B Gujarat
 - C Karnataka
 - D Kerala
- Q13. Lalduhoma was sworn in as the CM of which state?
 - A Chhattisgarh
 - B Mizoram
 - C Telangana
 - D MP

- Q14. RBI enhanced the UPI payment limits for health care and education from Rupees 1 lac to?
 - A Rupees 2 lac
 - B Rupees 3 lac
 - C Rupees 5 lac
 - D Rupees 10 lac
- Q15. Who was the first Prime Minister of India?
 - A Dr. Rajendra Prasad
 - B Pandit Jawaharlal Nehru
 - C Dr. S Radhakrishnan

V' 9. В' 10. D' 11. D' 12. В' 13.В' 14. С' 12 В Т. Ч' 7.' С' 3. С' 4. С' 2. Ч' 6. С. 7. В' 8.



Choosing DMSC has been pivotal in shaping both my academic and personal growth: Dhvani

Dhwani

of Fr. Dominic, not only we are guided academically, but his role transcends to that of a fatherly figure in our hearts. The support from the staff extends beyond academic matters; they serve as personal guides and offer solutions to every problem we encounter. The comprehensive facilities provided to students cover all aspects of our needs, creating an environment conducive to focused study. I must emphasize the peaceful atmosphere on the campus, an aspect I have not encountered elsewhere. The absence of hindrances and the availability of a well-equipped library further contribute to an optimal learning environment. The choice of English as the campus language has not only enhanced my proficiency but has also been a valuable skill development. In conclusion, I wholeheartedly recommend aspiring students to take advantage of the exceptional facilities and nurturing environment at DMSC, Patan. It has been a transformative experience for me, and I am grateful for the holistic support provided.

I am Ashish Bhai Babubhai Amaliyar, hailing from Fatepura, Dahod. Having completed my graduation in Bachelor of Science,I decided to pursue civil services exams. Recognizing the need

for guidance, I sought out a foundation batch for preparation. Upon exploring coaching classes, I found them to be financially burdensome. Fortunately, I came across Fr. Dominic's video on WhatsApp, introducing Divine Mercy Study Centre (DMSC). The affordability of DMSC made it a viable option for me, and I subsequently joined the academy. DMSC's campus



Ashish Babubhai Amaliyar

is not only peaceful but also remarkably supportive. The fully equipped hostel facility has been instrumental in providing a caring and conducive environment for my preparation. I am delighted to share that, my entire education was in Gujarati medium, and my proficiency in English was limited to

basic reading and writing with mistakes. The decision to make English the campus language at DMSC has significantly improved my English-speaking and understanding skills. I am grateful for the opportunity to be a part of DMSC Academy, and I attribute my progress to the supportive and English-focused learning environment provided here.

Difficult Question!

Interviewer said, "I shall either ask you ten easy questions or one really difficult question. Think well before you make up your mind!" The boy thought for a while and said, "My choice is one really difficult question."

"Well, good luck to you, you have made your own choice! Now tell me this. "What comes first, Day or Night?"

The boy was jolted into reality as his admission depends on the correctness of his answer, but he thought for a while and said, "It's the DAY sir!"

"How?" the interviewer asked. "Sorry sir, you promised me that you will not ask me a SECOND difficult question!"

He was selected for IIM!

રાજકોટ મહાનગરપાલિકા ભરતી અંગેની જાહેરાત

રાજકોટ મહાનગરપાલિકાની નીચે જણાવ્યા મુજબની ખાલી જગ્યાએ ભરવા તા.૧૦/૦૧/૧૦૧૪, બુધવાર સુધીમાં કક્ત ઓનલાઈન માધ્યમથી રાજકોટ (www.mc gov.in) અરજીઓ મંગાવવામાં આવે છે.

	જગ્યાનું નામ	જગ્યા કુલ	કહ્યાવાર જગ્લાઓ				કક્ષાવાર જગ્યાઓ પૈકી મહિલાઓ માટે અનામત જગ્યાઓ				દિવ્યોગતા	કુલ		
			બિનઅના મત	આન.વ.	સા.જી.પ.	ઝનુ. જાતી	અનું. જન જાતી	બિનઅના મત	આ.ન.વ.	સા.શે.પ.	અનુ. જાતી	એનું. જન જાતી	ધરાવતા ઉમેદવારો	જગ્લાઓ પૈકી માજી સૈમિક
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ų	ટેકનીકલ આસીસ્ટન્ટ (લાઈબ્રેરી)	08	05	0	o	0	0	0	0	0	0	0	0	0
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ઉક્ત કેડરની લાયકાત, પગારધોરણ, વયમર્યાદા તેમજ અન્ય સંલગ્ન માફિતી માટે વેબસાઈટ <u>www.rmc.gov.in</u> પરથી એનેક્ષર-એ(સચનાપત્રક) ડાઉનલોડ કરી વિગતો મેળવવી.

> (સફી) અનિલ ધામેલીયા નાયબ કમિશનર(મહેકમ) રાજકોટ મહાનગરપાલિકા



कंपनी लिमिटेड ड डोडया इश्य TED INDIA INSURANCE COMPANY LTD.

A Govt. of India Undertaking । भारत सरकार का उपक्रम

Regd. Office: No:24, Whites Road, Chennal- 600 014. Head Office: Nalanda, No: 19, 4th Lane, Uthamar Gandhi Salai, Nungambakkam High Road, Chennai- 600 034

Invites online application for the post of Assistants

United India Insurance Company Ltd., is a leading Public Sector General Insurance Company wholly owned by Government of India with a gross premium of about Rs.17,644 crores. The company with around 85 years of commendable service in the non-life insurance industry requires ASSISTANTS for its offices across the country.

Total number of posts: 300 (provisional) Age as on 30.09.2023: i) Minimum Age: 21 Years ii) Maximum Age: 30 Years

Educational Qualifications (as on 30.09.2023): Graduate from a recognized University and knowledge of reading, writing and speaking of regional language of the State of Recruitment is essential.

Gross Emoluments in Metros: ₹37,000/- p.m. approx.

Mode of application: Online between 16.12.2023 and 06.01.2024 (both days inclusive). No other means / mode of application will be accepted. For detailed advertisement & On-line application please refer recruitment section of our website www.uiic.co.in This notice is for information only. The decision of the company shall be final and binding in all matters.

Place : Chennai · 14 12 2023 Date

CORPORATE HRM



गुजरात केन्द्रीय विश्वविद्यालय

(भारत की संसद के अधिनियम सं. 25, 2009 के तहत स्थापित)

CENTRAL UNIVERSITY OF GUJARAT

(Established by an Act of Parliament of India, No 25 of 2009)

Employment Notice No. 07/2023

RECRUITMENT of TEMPORARY/CO-TERMINUS FACULTY for UPSC Coaching under Dr. Ambedkar Centre of Excellence (DACE) at Central University of Gujarat, Gandhinagar Applications are invited for the post of Temporary/Co - Terminus Faculty from the eligible, qualified, dedicated and academically productive candidates who have strong commitment towards UPSC Civil Services coaching, aptitude for analytical and creative thinking and innovative teaching methodology, research, and content Creation. The candidate will have the responsibility of providing result-oriented training. The candidate must be aware about recent Examination trends and shall posses' effective communication skill and following specialization:

Name of Post No. of Eligibility criteria Sr. No Post 1.Minimum Educational Qualification: Any Graduation or Post-graduation degree with minimum 60 TEMPORARY/ 2. Minimum Experience: CO-TERMINUS A.] The candidate shall have appeared in atleast 3 UPSC CSE FACULTY for 1 UPSC 1 mains with any of the 4 core subjects namely - History, Coaching Political science, and Economy as an Optional subject centre B.] Atleast Two years of teaching experience of History or Political science or Economy at graduation / post-graduation level in a reputed institution, Preferably in UPSC Civil service coaching centre.

Note: Preference will be given to civil service qualified candidates.

Emoluments/Salary: Rs. 80,000/- per month and up to 25% incentive shall be given based on the performance report at the end of year. *

*Subject to release of fund by DAF to DACE Centre as per Scheme

IMPORTANT DATES

Application Start Date: 19.12.2023

Application End Date:04.01.2024

General Instructions to the Candidates

- 1. The appointments of teachers in Dr Ambedkar Centre of Excellence (DACE) shall be purely on a contract basis for specific work, which may be extended, as and when required.
- 2. Eligible candidates having the specified qualification and experience may apply offline for the teaching positions.
- 3. In case of any dispute/ambiguity that may occur in the process of selection, the decision of the University shall be final.
- 4. The University reserves the right to withdraw any advertised post (s) at any time without giving
- 5. The eligibility of a candidate and satisfaction of any other criteria shall be considered as on the last date of submission of hard copy. i.e, 04.01.2024 with all relevant documents of qualifications and experience.

All self-attested relevant documents hard copies must be courier/post before 04.01.2024 (5.00 PM) to: Nodal officer, Dr. Ambedkar centre of excellence (DACE) Central university of Gujarat, Sector 29, Gandhinagar, 382030.

Prof. Rajesh Makwana Nodal Officer, DACE, CUG

सेक्टर 29, गांधीनगर-382030, फ्रोन नी-079-23977473

Sector-29, Gandhinagar-382030, Phone No. 079-23977473

Email: rajesh.makwana@cug.ac.in, Website: www.cug.ac.in M-91- 9824426562





A Thief of Time

Let us be warned against the dangers of delayed actions



Jayraj Vasava

Every person should strive to learn before they die what they are running from, and to, and why. -James Thurber

Most of us want to be seen as capable, able and competent. That's what we need to do. And because it's the primary dominant need, we will actually sacrifice other needs to realize or achieve that need. That's where procrastination comes in.

If we procrastinate on a task that we value and care about and don't achieve very well at a high level, if we fail, we have a built-in excuse such as I couldn't accomplish that because I only had two hours before the exam to get ready. But it's a brilliant strategy because if you succeed in the exam, you can conclude I am more intelligent than I thought. I needed three hours; I only needed two. Procrastination, often employed as a strategic avoidance tactic, remarkably appears effective in safeguarding our self-worth by preserving the perception of our capability and competence. The trials we face, including preparations and various tests, serve as assessments of not only our knowledge and skills but also our adeptness in successfully under executing tasks the

pressure of imminent deadlines. Procrastination is not a problem in all the cases. The problem is the inability to understand life or to understand a situation. It should also be noted that procrastination is very harmful in many cases.

Edward Young has rightly "Procrastination is the thief of time." Never put off for tomorrow what you can do today. Work does not disappear if we postpone it. It only accumulates. Finally, we spend hours working under great strain and stress when we tackle the work. Very often, we end up completing the job in a trashy manner. It might also happen that the work never gets done because we delayed it at the right time. The person who delays insuring his house will

pay a heavy price when gutted by a sudden fire. Putting off the treatment of a disease may make it worse and may even result in death. The student who goes on to postpone studies will need to burn the midnight oil at the last minute for preparations before the examination. Time wasted is time lost forever. Hence, procrastination, in this proverb, is referred to as a thief of time. Let us be warned against the dangers of delayed actions.

Making the right choices at the right time helps us uproot procrastination. I want to conclude with a thought from Nelson Mandela. He said, "May your choices reflect your hopes and not your fears."

UPSC 2024 Exam Date						
UPSC CSE Notification 2024	14 February 2024					
UPSC CSE 2024 date of filling out the application	14 February 2024					
Last date to fill out the application	5 March 2024					
UPSC Prelims 2024	26 May 2024					
UPSC CSE Mains 2024	20 Sept. 2024					
Interview Date	To be announced					
Final Results for UPSC 2024	To be announced					

UNION PUBLIC SERVICE COMMISSION PROGRAMME OF EXAMINATIONS/RECRUITMENT TESTS (RTs) -2024

Sl.		Date of	Last Date for	Date of	Duration
No.	Name of Examination	Notification Notification	receipt of Applications	commencemen t of Exam	of Exam
			Applications	13.01.2024	
1.	Reserved for UPSC RT/ Examination			(SATURDAY)	2 DAYS
2.	Engineering Services (Preliminary) Examination, 2024	06.09.2023	26.09.2023	18.02.2024 (SUNDAY)	1 DAY
3.	Combined Geo-Scientist (Preliminary) Examination, 2024	20.09.2023	10.10.2023	18.02.2024 (SUNDAY)	1 DAY
4.	Reserved for UPSC RT/ Examination			24.02.2024 (SATURDAY)	2 DAYS
5.	CISF AC(EXE) LDCE-2024	29.11.2023	19.12.2023	10.03.2024 (SUNDAY)	1 DAY
6.	Reserved for UPSC RT/ Examination			09.03.2024 (SATURDAY)	2 DAYS
7. 8.	N.D.A. & N.A. Examination (I), 2024 C.D.S. Examination (I), 2024	20.12.2023	09.01.2024	21.04.2024 (SUNDAY)	1 DAY
9.	Civil Services (Preliminary) Examination, 2024 Indian Forest Service (Preliminary) Examination, 2024 through CS(P) Examination 2024	14.02.2024	05.03.2024	26.05.2024 (SUNDAY)	1 DAY
11.	I.E.S./I.S.S. Examination, 2024	10.04.2024	30.04.2024	21.06.2024 (FRIDAY)	3 DAYS
12.	Combined Geo-Scientist (Main) Examination, 2024			22.06.2024 (SATURDAY)	2 DAYS
13.	Engineering Services (Main) Examination, 2024			23.06.2024 (SUNDAY)	1 DAY
14.	Reserved for UPSC RT/ Examination			06.07.2024 (SATURDAY)	2 DAYS
15.	Combined Medical Services Examination, 2024	10.04.2024	30.04.2024	14.07.2024 (SUNDAY)	1 DAY
16.	Central Armed Police Forces (ACs) Examination, 2024	24.04.2024	14.05.2024	04.08.2024 (SUNDAY)	1 DAY
17.	Reserved for UPSC RT/ Examination			10.08.2024 (SATURDAY)	2 DAYS
18. 19.	N.D.A. & N.A. Examination (II), 2024 C.D.S. Examination (II), 2024	15.05.2024	04.06.2024	01.09.2024 (SUNDAY)	1 DAY
20.	Civil Services (Main) Examination, 2024			20.09.2024 (Friday)	5 DAYS
21.	Reserved for UPSC RT/ Examination			19.10.2024 (SATURDAY)	2 DAYS
22.	Indian Forest Service (Main) Examination, 2024			24.11.2024 (SUNDAY)	7 DAYS
23.	S.O./Steno (GD-B/GD-I) LDCE	11.09.2024	01.10.2024	07.12.2024 (SATURDAY)	2 DAYS
24.	Reserved for UPSC RT/ Examination			21.12.2024 (SATURDAY)	2 DAYS

Note: The dates of notification, commencement and duration of Examinations/ RTs are liable to alteration, if the circumstances so warrant.